**Christopher J. HoldeN**

Appalachian State University

Department of Psychology

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Boone, NC 28608

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**EDUCATION**

Oakland University Rochester, MI

Ph.D. - Psychology June 2016

* Dissertation: Entangling the Self with the Relationship: Relationship-Contingent Self-Esteem, Mate Retention, and Reactions to Threat
* Advisor: Virgil Zeigler-Hill, Ph.D.

Western Carolina University Cullowhee, NC

M.A. - Psychology May 2012

* Thesis: The Effect of Research Project Descriptions on Samples Drawn from Mechanical Turk
* Advisor: Harold A. Herzog, Ph.D.

Western Carolina University Cullowhee, NC

B.S. - Psychology, Magna Cum Laude May 2010

* Minor in Sociology

**TEACHING EXPERIENCE**

Appalachian State University August 2017 – Present

Assistant Professor

* *Personality and Individual Differences*
* *Personality Laboratory*

Western Carolina University August 2016 – July 2017

Visiting Assistant Professor

* *General Psychology*
* *Research Design and Data Analysis*
* *Evolutionary Psychology*
* *Directed Study in Psychology*

Oakland University Department of Psychology May 2016 – June 2016

Adjunct Professor

* *Foundations in Contemporary Psychology*

Oakland University Department of Psychology September 2012-April 2016

Instructor of Record

* *Foundations in Contemporary Psychology*
* *Introduction to Research Design*

**AWARDS & FUNDING**

Society for Personality and Social Psychology

* Student Travel Award January 2016

Oakland University Department of Psychology

* Dyadic Data Analysis Workshop Travel Grant July 2016
* Psychology Teaching Recognition Award May 2015
* Graduate Student Research Award December 2014

Society for Personality Assessment

* Graduate Student Travel Grant March 2015

**MANUSCRIPTS IN PREPARATION**

* **Holden, C. J.,** Zeigler-Hill, V. Shackelford, T. K., & Welling, L. L. M. (in prep). Entangling the Self with the Relationship: Relationship-Contingent Self-Esteem, Mate Retention, and Reactions to Threat.
* **Holden, C. J.,** & Goodwin, G.S. (in prep). The importance of replication. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. New York, NY: Springer.

**PUBLICATIONS**

* Ford, T. E., Lappi, S. K., & **Holden, C. J.** (2016). Personality, Humor Styles and Happiness: Happy People Have a Self-enhancing Humor Style. *European Journal of Psychology, 12,* 320-337*.*
* Pollock, N. C., Noser, A. E., **Holden, C. J.**, & Zeigler-Hill, V. (2016). Do orientations to happiness mediate the associations between personality traits and subjective well-being? *Journal of Happiness Studies, 17,* 713-729*.*
* Garofalo, C., **Holden, C. J.**, Zeigler-Hill, V., & Velotti, P. (2016). Understanding the connection between self-esteem and aggression: The mediating role of emotion dysregulation. *Aggressive Behavior, 42,* 3-15*.*
* **Holden, C. J.**, Roof, C. H., McCabe, G., & Zeigler-Hill, V. (2015). Detached and antagonistic: Pathological personality features and mate retention behaviors. *Personality and Individual Differences*, *83*, 77-84.
* Pham, M. N., Shackelford, T. K., **Holden, C. J.**, Zeigler-Hill, V., Sela, Y., & Jeffery, A. J. (2015). Men’s benefit-provisioning mate retention behavior mediates the relationship between their agreeableness and their oral sex behaviors. *Archives of Sexual Behavior, 44,* 1723-1728*.*
* Zeigler-Hill, V., **Holden, C. J.**, Enjaian, B., Southard, A. C., Besser, A., Li, H., & Zhang, Q. (2015). Self-esteem instability and personality: The connections between feelings of self-worth and the Big Five dimensions of personality. *Personality and Social Psychology Bulletin, 41*, 183-198.
* Zeigler-Hill, V., Britton, M., **Holden, C. J**., & Besser, A. (2015). How will I love you? Self-esteem instability moderates the association between self-esteem level and romantic love styles. *Self and Identity, 14,* 118-134.
* Pham, M. N., Shackelford, T. K., **Holden, C. J.**, Zeigler-Hill, V., Hummel, A., & Memering, S. L. (2014). Partner attractiveness moderates the relationship between number of sexual rivals and in-pair copulation frequency in humans (*Homo sapiens*). *Journal of Comparative Psychology, 128,* 328-331*.*
* **Holden, C.J.**, Shackelford, T.K., Zeigler-Hill, V., Starratt, V.G., Miner, E.J., Kaighobadi, F., Jeffery, A.J., & Buss, D. M. (2014). Husband’s esteem predicts their mate retention tactics. *Evolutionary Psychology, 12,* 655-672.
* Zeigler-Hill, V., Enjaian, B., **Holden, C. J.**, & Southard, A. C. (2014). Using self-esteem instability to disentangle the connection between self-esteem level and perceived aggression. *Journal of Research in Personality, 49,* 47-51.
* **Holden, C. J.**, Zeigler-Hill, V., Pham, M. N., & Shackelford, T. K. (2014). Personality features and mate retention strategies: Honesty-humility and the willingness to manipulate, deceive, and exploit romantic partners. *Personality and Individual Differences, 57,* 31-36*.*
* Ford, T. E., Woodzicka, J. A., Triplett, S. R., Kochersberger, A. O. & **Holden, C.J.** (2014). Not all groups are equal: Differential vulnerability of social groups to the prejudice-releasing effects of disparagement humor. *Group Processes & Intergroup Relations, 17,* 178-199*.*
* **Holden, C. J.**, Dennie, T., & Hicks, A. D. (2013). Assessing the reliability of the M5-120 on Amazon’s Mechanical Turk. *Computers in Human Behavior, 29,* 1749-1754*.*

**BOOK CHAPTERS**

* Zeigler-Hill, V., **Holden, C. J.**, Southard, A. C., Noser, A. E., Enjaian, B., & Pollock, N. (2016). The dark sides of high and low self-esteem. In V. Zeigler-Hill & D. K. Marcus (Eds.), *The dark side of personality: Science and practice in social, personality, and clinical psychology (pp. 325-340).* Washington, DC: American Psychological Association.
* **Holden, C. J.,** Noser, A., Southard, A. C., & Zeigler-Hill, V. (2014). Unstable self-esteem: Using the temporal stability of self-esteem to better understand feelings of self-worth.  In J. H. Borders (Ed.), *Handbook on the psychology of self-esteem*(pp. 1-10). Hauppauge, NY: Nova.
* Zeigler-Hill, V. & **Holden, C. J.** (2013) Self-esteem and psychopathology: The connections between feelings of self-worth and psychological adjustment.  In D. S. Stoyanov (Ed.), *Psychopathology: Theory, perspectives, and future approaches* (pp. 181-200). Hauppauge, NY: Nova.

**OTHER PUBLICATIONS**

* Goodwin, G.S**.,** & **Holden, C. J.** (in press). Psychophysiological measures of personality and individual differences. . In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. New York, NY: Springer.
* **Holden, C. J.** (2016). Christopher J. Holden. In V. Zeigler-Hill & T. K. Shackelford (Eds.), *Encyclopedia of Personality and Individual Differences*. New York, NY: Springer.
* **Holden, C. J.,** Vrabel, J. K., & Zeigler-Hill, V. (2016). Self-Esteem as a Status-Tracking Mechanism. In T. K. Shackelford & V. A. Weekes-Shackelford (Eds.), *Encyclopedia of Evolutionary Psychological Science.* New York, NY: Springer.
* **Holden, C. J.** (2016). Prospective Mates. In T. K. Shackelford & V. A. Weekes-Shackelford (Eds.), *Encyclopedia of Evolutionary Psychological Science.* New York, NY: Springer.
* **Holden, C. J.** (2016). Benefit Provisioning. In T. K. Shackelford & V. A. Weekes-Shackelford (Eds.), *Encyclopedia of Evolutionary Psychological Science.* New York, NY: Springer.

**CONFERENCE PRESENTATIONS**

* Goodwin, G.S., & **Holden, C.J.** (2018, March). *Instability of contingencies of self-worth.* Poster session presented at Society for Personality and Social Psychology’s Eighteenth Annual Meeting, Atlanta, GA.
* **Holden, C.J.** (2017, November). *What is natural?: How domestication, captivity, and genetic modification change the perceived naturalness of animals.* Paper session presented at Society of Southeastern Social Psychologists Fortieth Annual Meeting, Atlantic Beach, FL.
* Wyatt, R. de Jong, D. C., & **Holden C. J.** (2017, October). *Thoughts about size matter: Associations between penis dysmorphic disorder and sexual dysfunction.* Poster presented at the 2nd annual SoCon Undergraduate Research Forum, Spartanburg, SC.
* Herzog, H.A., & **Holden, C.J.** (2017, June). *Perceived “naturalness” of animals: The impact of domestication and genetic modification.* Paper session presented at the 2017 International Society for Anthrozoology Conference, Davis, CA.
* Lyons, A.J., Banos, N., & **Holden, C.J.** (2017, April). *Moral Masculinity.* Poster session presented at the 3rd annual Carolina Research in Social and Personality Psychology Conference, Durham, NC.
* Houston, R., Mason, S., & **Holden, C.J.** (2017, April). *Machiavellianism and self-esteem instability.* Paper session presented at the 31st National Conference on Undergraduate Research, Memphis, TN.
* Dillard, A., Goodwin, G.S., Gaskell, K., Sigler, E.A., & **Holden, C.J.** (2017, March). *A boring study to get excited about: Boredom types and gaze patterns.* Poster session presented at the 25th annual Western Carolina University Graduate Research Symposium, Cullowhee, NC.
* Zenquis, M., **Holden, C.J.** ,& Sigler, E. A. (2017, March). *Community college: The effects on academic success for transfer students.* Poster session presented at the 63rd annual meeting of the Southeastern Psychological Association, Atlanta, GA.
* O’Connor, E., Goodwin, G.S., & **Holden, C.J.** (2017, March). *The effects of masculinity and approval of other contingencies on self-concept clarity.* Poster session presented at the 63rd annual meeting of the Southeastern Psychological Association, Atlanta, GA.
* Goodwin, G.S.,Myers, E.M., **Holden, C.J.**, Metcalf, K. (2017, March). *Exploring the relationship between contingencies of masculinity and self-esteem.* Poster session presented at the 63rd annual meeting of the Southeastern Psychological Association, Atlanta, GA.
* **Holden, C.J.** (2016, November). *Entangling the self with the relationship: Relationship-contingent self-esteem, mate retention, and reactions to threat.* Paper session presented at Society of Southeastern Social Psychologists Thirty-Ninth Annual Meeting, Asheville, NC.
* Dillard, A. & **Holden, C.J.** (2016, November). *Millions of movie choices, for whatever your mood.* Poster session presented at Society of Southeastern Social Psychologists Thirty-Ninth Annual Meeting, Asheville, NC.
* **Holden, C. J.**, Brown, A. A., Freis, S. D., & Zeigler-Hill, V. (2016, May). *Linking Narcissistic Admiration and Narcissistic Rivalry to Contingent Self-Esteem.* Poster session presented at Midwestern Psychological Association’s Eighty-eighth Annual Meeting, Chicago, IL.
* **Holden, C.** **J.**, & Zeigler-Hill, V. (2016, March). *Weekly assessments of mate retention and conflict in couples.* Poster session presented at Oakland University Department of Psychology’s Evolution of Psychopathology Conference, Rochester, MI.
* **Holden, C. J.**, & Zeigler-Hill, V. (2016, January). *Investing too much: Relationship-contingent self-esteem, mate retention, and reactions to threat.* Paper session presented at the 2016 SPSP Close Relationships Preconference, San Diego, CA.
* **Holden, C. J.**, & Zeigler-Hill, V. (2016, January). *Relationship contingencies and mate-retention behavior.* Poster session presented at Society for Personality and Social Psychology’s Seventeenth Annual Meeting, San Diego, CA.
* Holub, A. M., Vrabel, J. K., Noser, A. E., **Holden, C. J.**, Enjaian, B. M., & Zeigler-Hill, V. (2015, May). *Dark tetrad features and perceptions of sexual aggression.* Paper session presented at Midwestern Psychological Association’s Eighty-seventh Annual Meeting, Chicago, IL.
* **Holden, C. J.**, Ewing, T. D., Machnik, R. S. & Zeigler-Hill, V. (2015, March). *The MMPI and the dark side of high self-esteem.* Poster session presented at the 2015 Annual Convention of the Society for Personality Assessment. Brooklyn, NY.
* **Holden, C. J.**, Roof, C. H., & Zeigler-Hill, V. (2015, February). *Detached and antagonistic: Dark personality features and mate retention.* Poster session presented at Society for Personality and Social Psychology’s Sixteenth Annual Meeting, Long Beach, CA.
* Ewing, T. D., **Holden, C. J.**, McCabe, G., & Zeigler-Hill, V. (2015, February). *Using the MMPI-2-RF to gain a better understanding of the Dark Triad.* Poster session presented at Society for Personality and Social Psychology’s Sixteenth Annual Meeting, Long Beach, CA.
* Southard, A. C., Enjaian, B., **Holden, C. J.**, & Zeigler-Hill, V. (2015, February). *Self-esteem instability and perceived aggression.* Poster session presented at Society for Personality and Social Psychology’s Sixteenth Annual Meeting, Long Beach, CA.
* **Holden, C. J.,** Roof, C. H., & Zeigler-Hill, V. (2014, February). *Pathological personality features and mate retention behavior.*Paper session presented at the 2015 SPSP Close Relationships Preconference, Long Beach, CA.
* **Holden, C. J.**, Holub, A., Enjaian, B., Ewing, T. D., & Zeigler-Hill, V. (2014, May). *Who is more likely to sexually aggress? Dark personality features and sexual aggression in men.* Poster session presented at Midwestern Psychological Association’s Eighty-sixth Annual Meeting, Chicago, IL.
* **Holden, C. J.**, Noser, A., & Zeigler-Hill, V. (2014, May). *The connections between theory of mind and personality.* Paper session presented at Midwestern Psychological Association’s Eighty-sixth Annual Meeting, Chicago, IL.
* Pollock, N. C.,Noser, A**.**, **Holden, C. J.,** & Zeigler-Hill, V. (2014, May). *Do orientations to happiness mediate the relationships between personality features and subjective well-being?*Poster presented at the Midwestern Psychological Association’s Eighty-Sixth Annual Meeting, Chicago, IL.
* Pham, M. N., Shackelford, T. K., **Holden, C. J.**, Zeigler-Hill, V., Hummel, A., & Memering, S. (2014, April). *Partner attractiveness moderates the relationship between number of sexual rivals and in-pair copulation frequency in humans (Homo sapiens).*Poster presented at the North Eastern Evolutionary Psychology Society’s Eighth Annual Meeting, New Paltz, NY.
* Enjaian, B., **Holden, C. J.,** Southard, A., Zeigler-Hill, V. (2014, February). *Self-esteem instability and perceived aggression.* Poster session presented at Michigan Academy of Science, Arts, and Letters One-hundred and Twentieth Annual Conference, Rochester, MI.
* **Holden, C. J.**, Noser, A., Holub, A., & Zeigler-Hill, V. (2014, February) *Mate retention and personality features.* Poster session presented at Society for Personality and Social Psychology’s Fifteenth Annual Meeting, Austin, TX.
* Southard, A. C., **Holden, C. J.**, Ewing, T. D., & Zeigler-Hill, V. (2014, February) *Fast and furious females: Associations between life history speed and personality in women.* Poster session presented at Society for Personality and Social Psychology’s Fifteenth Annual Meeting, Austin, TX.
* Enjaian, B., Pollock, N., **Holden, C. J.**, Southard, A., & Zeigler-Hill, V. (2014, February). *Self-esteem instability and perceptions of personality features.* Poster session presented at the meeting of the Society for Personality and Social Psychology, Austin, TX.
* **Holden, C.J.,** Britton, M., & Zeigler-Hill, V. (2014, February). *The moderating role of self-esteem instability in the relationship between self-esteem level and love styles.* Paper session presented at the 2014 SPSP Close Relationships Preconference, Austin, TX.
* Pollock, N. C., **Holden, C. J.**, & Zeigler-Hill, V. (2013, May) *Self-esteem instability and personality.* Poster session presented at Midwestern Psychological Association’s Eighty-fifth Annual Meeting, Chicago, IL.
* Montrosse, B. E., **Holden, C. J.**, & Cunningham, J. D. (2013, April) *Use of the MacArthur Network student engagement measure in a rural educational program evaluation.* Paper Session Presented at American Education Research Association’s 2013 Annual Meeting, San Francisco, CA.
* **Holden, C. J.**, & Zeigler-Hill, V. (2013, January) *Fragile self-esteem and personality features.* Poster session presented at Society for Personality and Social Psychology’s Fourteenth Annual Meeting, New Orleans, LA.
* **Holden, C. J.**, Dennie, T., & Hicks, A. D. (2012, March). *Population comparisons between dominant groups of Mechanical Turk users.* Paper session presented at Western Carolina University’s Twentieth Annual Graduate Research Symposium, Cullowhee, NC.
* Ohanmamooreni, A., **Holden, C. J.,** Kochersberger, A. O., Hicks, A. D., & Ford, T. E. (2012, March). *The influence of need for closure on jury decision making.* Paper session presented at Western Carolina University’s Twentieth Annual Graduate Research Symposium, Cullowhee, NC.
* **Holden, C. J.** (2012, March). *Evaluating MTurk: The effect of research project descriptions on response patterns.* Paper session presented at Western Carolina University’s Twentieth Annual Graduate Research Symposium, Cullowhee, NC.
* Ohanmamooreni, A., **Holden, C. J.**, Ford, T. E., & Kochersberger, A. O. (2012, February) *The effect of need for closure on jury decision making.* Poster session presented at Southeastern Psychological Association’s Fifty-eighth Annual Meeting, New Orleans, LA.
* Hicks, A. D., **Holden, C. J.**, & Dennie, T. (2012, February) *Procedures and practices for conducting research on Amazon’s Mechanical Turk*. Paper session presented at Southeastern Psychological Association’s Fifty-eighth Annual Meeting, New Orleans, LA.
* Hicks, A. D., **Holden, C. J.**, & Beveridge, A. R. (2011, November). Neurological and cognitive suppression of prejudice. In T. E. Ford (Chair) *Comprehensive examination of the consequences of disparagement humor.* Colloquium conducted at Western Carolina University, Cullowhee, NC.
* Dennie, T., Hicks, A. D., & **Holden, C. J.** (2011, November). *Amazon’s Mechanical Turk: The applicability to social psychology and personality studies.* Paper session presented at Society of Southeastern Social Psychologists Thirty-third Annual Meeting, Johnson City, TN.
* **Holden, C. J.** (2011, October). *MTurk and beyond.* Colloquium presented at Western Carolina University’s Psychology Department Colloquium, Cullowhee, NC.
* **Holden, C. J.** & Herzog, H. (2011, April). *The relationship between disgustability, transphobia, and homophobia.* Paper session presented at University of North Carolina Asheville’s 2011 Queer Studies Conference, Asheville, NC.
* **Holden, C. J.** (2011, March). *Amazon’s MTurk: A flawed source of participants in psychology studies?* Paper session presented at Western Carolina University’s Nineteenth Annual Graduate Research Symposium, Cullowhee, NC.
* **Holden, C. J.**, Talley, H., & Herzog, H. (2011, March). *The relationship between disgustability, transphobia, and homophobia.* Poster session presented at Southeastern Psychological Association’s Fifty-seventh Annual Meeting, Jacksonville, FL.
* **Holden, C. J**. & Taylor, J. (2011, March). *Effects of hunger on mate preferences in males and females.* Paper session presented at Southeastern Psychological Association’s Fifty-seventh Annual Meeting, Jacksonville, FL.
* **Holden, C. J.** & McCord, D. M. (2009, March). *College attendance as a mating strategy.* Paper session presented at Western Carolina University’s Eleventh Annual Undergraduate Research Expo, Cullowhee, NC.

**EDITORIAL POSITIONS**

* Section Editor: Encyclopedia of Personality and Individual Differences
* Editorial Board: Handbook of Personality and Individual Differences

**AD-HOC REVIEWING**

* Personality and Individual Differences
* Evolutionary Psychology
* Journal of Personality Assessment
* Journal of Personality
* Evolutionary Psychological Science
* Behavior Research Methods
* Acta Ethologica
* Self and Identity
* Humor
* Journal of Social and Personal Relationships
* Journal of Individual Differences
* Current Psychology

**PROFESSIONAL MEMBERSHIP**

* Association for Psychological Science
* Society for Personality and Social Psychology
* Society for the Teaching of Psychology
* Society of Southeastern Social Psychologists
* Human Behavior and Evolution Society

**PROFESSIONAL SERVICE**

* Site Coordinator, Society of Southeastern Social Psychologists Thirty-Ninth Annual Meeting, Asheville, NC (2016)

**SERVICE TO THE UNIVERSITY**

* WCU Summer Undergraduate Research Program Selection Committee (Spring 2017 – Present)
* WCU University Scholarship Committee (Spring 2017-Present)
* WCU College of Education and Allied Professions Excellence in Teaching Liberal Studies Award Committee (Fall 2016-Present)
* WCU College of Education and Allied Professions Assessment Committee (Fall 2011-2012)
* WCU College of Education and Allied Professions Student Advisory Committee (Fall 2011-2012)
* WCU College of Education and Allied Professions Student Advisory Committee (Fall 2009-Spring 2010)

**STUDENT COMMITTEES**

* Garret S. Goodwin (Chair of Master’s Thesis Committee at Western Carolina University; In progress).  *Shifting contingencies: The effects of interpersonal feedback on contingencies of self-worth.*
* Christopher Breeden (Member of Master’s Thesis Committee at Western Carolina University, April 2017). *The effect of sexist humor on women’s sense of possible selves.*
* Ashley Dillard (Member of Master’s Thesis Committee at Western Carolina University; In progress). *Mood management: The impact of media on current mood state.*
* Emily Hooker (Member of Master’s Thesis Committee at Western Carolina University, In Progress). *Associations between posttraumatic stress symptomology and lifestyle factors.*

**REFERENCES**

Virgil Zeigler-Hill, PhD Todd K. Shackelford Thomas Ford

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